The Burden of Sjogren's

Sjogren's is relentless and unpredictable.

New problems can arise *anywhere* in the body at *any time*. The nervous system, GI tract, lungs, and joints are among the most frequently impacted organs and systems.

Sjogren's is disabling; it's the disease, <u>NOT</u> laziness, that limits what people can do.

Debilitating fatigue and pain often severely impact daily life.

Unlike normal tiredness, fatigue remains a constant challenge, even with adequate sleep and a healthy lifestyle.

Sjogren's is downplayed.

Despite the high burden of disease, it is a struggle to find clinicians with up-to-date knowledge about how to diagnose and manage Sjogren's.

Sjogren's is neglected.

Sjogren's research lags decades behind that of similar diseases, leaving patients without adequate diagnostic tests or treatments.

Sjogren's is costly.

People with Sjogren's are often too sick and fatigued to keep working, and they face endless medical costs.

Developed by the Smart Patients Sjogren's group (especially Joel).

Designed and edited by Sarah Schafer, MD and Bexi (Rebecca) Lobo, PhD.